

HALIFAX

metro

®

NEWS  
WORTH  
SHARING.



## City's historic buildings bare all for public

Doors Open Halifax to include city hall, Old Town Clock **PAGE 5**

## Prostitution bill protects victims, punishes pimps

Funding will help some workers escape sex trade safely **PAGE 6**

## Kings come back to take Game 1 of NHL final

L.A. one step closer to another Stanley Cup after OT win **PAGE 18**

## CROWDFUNDING IS SOOOOO IN RIGHT NOW

FASHION DESIGNERS TURNING TO THE CROWD TO BOOST THEIR BRAND'S BOTTOM LINE **PAGE 13**



# Cops killed in Moncton rampage

**At least three dead.**  
Horrific shooting leads to mass search for 24-year-old suspect

Three RCMP officers were shot and killed in Moncton, N.B., and two other officers were injured as the Mounties conducted a manhunt across the city's north end Wednesday night for a shooter.

The RCMP tweeted that three of its officers were "mortally wounded" and police spokesman Paul Greene confirmed that they are dead. Greene said the two RCMP officers who were taken to hospital suffered non life-threatening injuries.

The RCMP said on Twitter that they were looking for 24-year-old Justin Bourque of Moncton. Police tweeted an image of a suspect wearing military camouflage and wielding two guns.

Const. Damien Theriault said police were urging people in the area to stay inside their homes and lock their doors. Drivers were also asked to stay out of the area.

"We're advising people to

stay inside until further notice," Theriault said.

Shortly before midnight, police said they believed the suspect was at large in the Pinehurst subdivision area of the city.

Danny Leblanc, 42, said he saw the shooter in the distance Wednesday evening, wearing a camouflage outfit and standing in the middle of the street with his gun pointed at police cars.

The construction worker said he believed it was an RCMP officer until he heard a burst of automatic gunfire coming from the man's gun.

"That guy was standing on the road afterwards and he was looking towards us," he said.

He said he quickly retreated into his home and remained there with his family and young children. At one point a neighbour posted on social media that their kitchen window was shattered by gunfire.

Leblanc said few people on his normally quiet street were

### Fallen comrades

Halifax Regional Police sent a condolence message via Twitter: "Deeply saddened by the loss of 3 @RCMPNB officers & others injured in Moncton tonite. Our thoughts & prayers are with you. #PrayForMoncton."

sleeping as they awaited word at midnight on whether arrests had been made.

"It's just crazy. We're chatting with our friends on Facebook and we're not going to bed until this guy is caught. I'm sure nobody in Moncton is sleeping because he seems to be all over the place," he said.

Word that police had been killed has shocked the city, he said.

"It's devastating. I don't know if he was on a hunt for them, or what," he said.

THE CANADIAN PRESS

### Province mourns

"I was shocked and saddened to learn of tonight's tragic situation in Moncton."

New Brunswick Premier David Alward on the shooting that left at least three dead



Heavily armed police in Moncton look for a shooter Wednesday night following the shooting deaths of three fellow officers. Inset: A photo of suspect Justin Bourque posted on Twitter by RCMP in New Brunswick. MARC GRANDMAISON/THE CANADIAN PRESS; INSET: TWITTER



Actor portrayals.

## Change your life & the lives of others.

Complete a 2 year diploma in just 60 weeks.

Our Human Services programs prepare you to work as a counsellor in addictions, mental health, victims of abuse, at-risk youth and many more.



Counselling Services and Child & Youth Care

successcollege.ca 902.865.8283

# 4 DAY SALE ONLY AT O'REGAN'S DARTMOUTH HYUNDAI

**DRIVE NOW  
PAY LATER  
EVENT**

0\*

PAYMENTS  
UNTIL AUGUST

+ 0%\*

PURCHASE FINANCING  
FOR 96 MONTHS\*  
ON SELECT 2014 MODELS

+ \$0\*

DOWN

+ \$0\*

AT THE PUMP



2014  
**ELANTRA**  
4-DOOR

OWN IT FOR

\$67\*

BI-WEEKLY

WITH

0%\*

FINANCING FOR  
96 MONTHS

+ \$0\*

DOWN

+ \$0\*

PAYMENTS  
UNTIL AUGUST

\$0 AT  
THE PUMP

VALUE OF  
\$425\*

**4 DAYS ONLY, OFFER ENDS JUNE 9<sup>TH</sup>**

**PLUS  
FREE**

**7 YEAR  
WARRANTY**

**NO PAYMENTS FOR 90 DAYS!**



2014  
**ACCENT** 4 DOOR

OWN IT FOR

\$58\*

BI-WEEKLY

WITH

0%\*

FINANCING FOR  
96 MONTHS

+ \$0\*

DOWN

+ \$0\*

PAYMENTS  
UNTIL AUGUST

\$0 AT  
THE PUMP

VALUE OF  
\$425\*

\*Taxes, freight and fees not included. Vehicles not exactly as shown. See O'Regan's Dartmouth Hyundai for details. Offer ends June 9th, 2014.



**O'REGAN'S**  
DRIVING HIGHER STANDARDS

**DARTMOUTH  
HYUNDAI**

**60 BAKER DRIVE, UNIT - D  
465-7500  
oreganshyunda Dartmouth.com**



# Suspended nurse: 'I know I didn't do anything wrong'

**Capital Health strike.**  
Employee says she was sick during walkout



**RUTH DAVENPORT**  
ruth.davenport@metronews.ca

At least one Capital Health nurse has been officially told she'll be suspended for two days over April's illegal strike — even though she has a doctor's note and prescription medication proving she wasn't on the picket lines.

The nurse, who asked not to be identified, said a sinus

infection and upset stomach made her "miserable" at work on March 31.

She called in sick that evening — hours before the union decided to go ahead with the walkout on April 1.

"I made up my mind that I was not going to be at work the next day," said the woman Wednesday. "My daughter was going to be at daycare, so it was a day that I could rest," she explained.

She was off most of the rest of the week and prescribed two different medications.

She submitted a doctor's note to Capital Health managers in late April, and au-

thorized them to speak with her doctor.

However, she hasn't been paid for the sick day on April 1 and was told Tuesday she'd be suspended for two days this summer.

"It feels really crappy, because they're essentially saying their employees are lying," she said. "I know I didn't do anything wrong."

Capital Health director of people services Bruce English said doctor's notes aren't good enough in the context of an illegal strike when 175 people didn't show up to work.

He said the suspensions

will be revisited through a grievance process.

"The onus goes on them to show that they were off," he said. "If they're able to do that legitimately, we'll take that into account."

English said the additional proof required would vary from case to case.

Nova Scotia Government and Employees Union president Joan Jessome said there are several members of Local 97 in the same boat.

She said a doctor's note is the norm, and the nurses shouldn't have to provide anything further.

"What the employer did,

## Quoted

**"Any nurse who was off sick that day has no idea what extra proof is required beyond a doctor's note, because normally a doctor's note would suffice."**

Capital Health nurse who is facing a two-day suspension.

through anger I would think, they just said, 'Well we're going to get them for this ... and everyone's going to be punished,'" said Jessome.

## Rockmanor Drive

**Driver strikes elderly man while backing out of driveway**

A man has been ticketed for running into an 84-year-old man while he backed out of a neighbourhood driveway.

The accident on Rockmanor Drive in Bedford happened just before noon on Wednesday and knocked the victim to the ground.

The 84-year-old suffered non life-threatening injuries and was taken to hospital by paramedics.

The 34-year-old driver was ticketed for unsafely backing a vehicle. The ticket carries a fine of \$176.45. **METRO**



## Clean Sweep cleans downtown Halifax for 20th year

Team "Color Me Bad" from the Cambridge Suites puts a fresh coat of paint on a city picnic table on Wednesday during the annual Clean Sweep event. Now in its 20th year, Clean Sweep brings teams of volunteers together to clean up downtown Halifax. **JEFF HARPER/METRO**

1 NEWS

Nova Scotia  
**MULTICULTURAL Festival**

June 15-22, 2014

Presented by **Halifax seaport** **Global HALIFAX** **Atlantic superstore**

**www.multifest.ca**

CELEBRATING 30 YEARS

# Brotherhood of baseball gathers around the World Series trophy

**That championship feeling.** Red Sox visit has many reminiscing, redrawing connections



HALEY  
RYAN

haley.ryan@metronews.ca

The small crowd facing Steve Lyons was silent as the former Boston Red Sox player described walking from the locker room, down a hall and up a few steps to catch his first glimpse of Fenway Park.

"The first thing you see that hits you right in the face is the Green Monster, and when you see it ..." Lyons trailed off, putting out a shaky hand to recreate the moment he saw the famous left field wall.

"Whether you're playing or not, you guys know it. You love it, just like I do," Lyons said, his voice breaking.

Lyons spoke alongside Charles Steinberg, executive vice-president of the Red Sox, on Wednesday during an appearance in Halifax with the World Series trophy.

The event saw many share how they fell in love with the

## See it yourself

The World Series trophy will be on display for fans at the Nova Scotia Sport Hall of Fame on Thursday from 11 a.m. to 1 p.m.

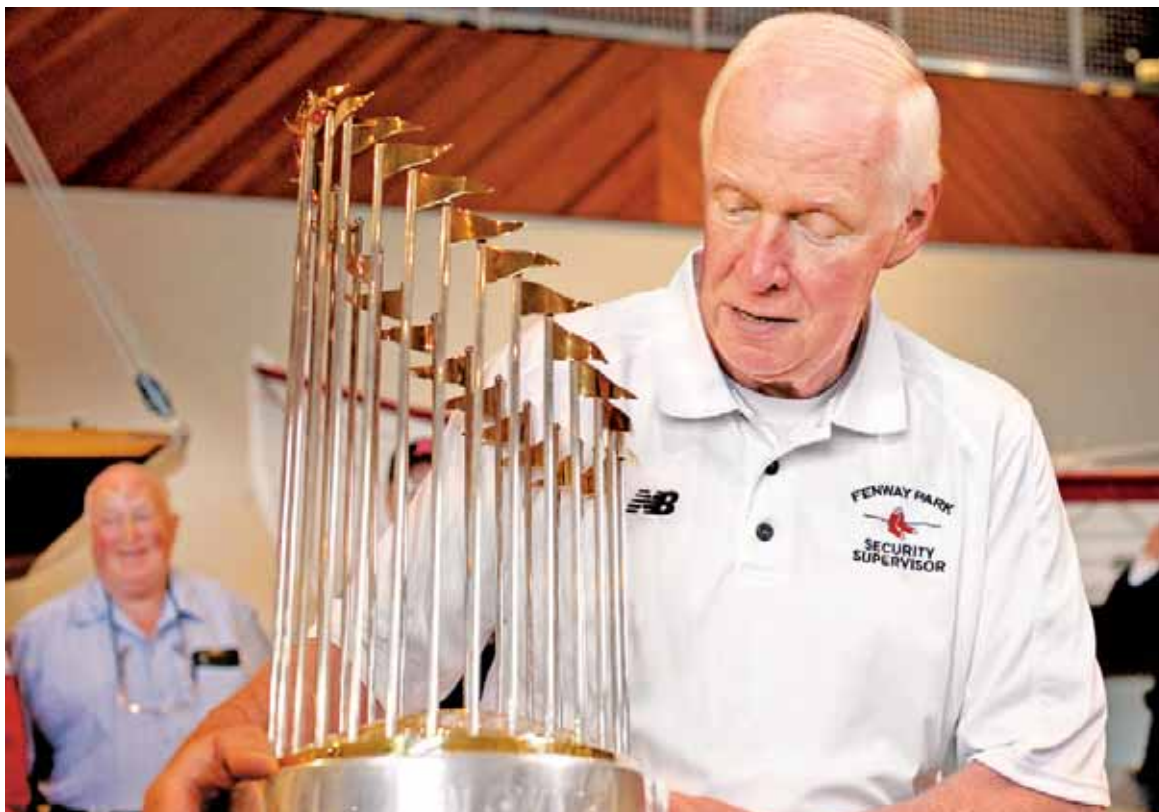
team, like hearing games on the radio late at night or getting a dozen practice balls from Fenway as a kid.

Jim Prime of the Bluenose Bosox Brotherhood said it was "just extraordinary" to have Steinberg and Lyons visit with the trophy, which last came in 2008.

Many spoke about the historical ties between Boston and Nova Scotia, but Prime said there's likely a deep love for the Red Sox here due to our habit of rooting for the underdog, since we're one ourselves.

"Having a team like the Red Sox to cheer for, through their ups and downs ... is in our nature."

Steinberg, who was awarded a Bosox Brotherhood jacket, said his favourite part of touring with the trophy is hearing stories of how much the team means to global members of "Red Sox Nation."



John McDermott, security supervisor for the Boston Red Sox, carries the 2013 World Series trophy into a private event at the Maritime Museum of the Atlantic on Wednesday. JEFF HARPER/METRO

## Pocket dials still plaguing 911 operators

Misdialed 911 calls are an ongoing problem in Nova Scotia.

About 20 per cent of 911 calls are pocket dials or non-emergency calls, and that percentage has remained consistent over the last few years.

"We ask that people who may accidentally call 911 to not hang up," said Tracy Barron with the Nova Scotia Emergency Management Office. "Let the call taker know that you've called 911 by ac-

cident so resources are not dispatched."

Dispatchers receive about 240,000 calls every year. Some of those calls are people looking for other police or city services.

"911 is for emergencies only," said Barron. "If someone's life, health, safety or property is threatened and help is needed immediately, call 911. If in doubt, still call 911."

## Fine

# \$693

The fine for wrongfully calling 911 is \$693.95.

Halifax Regional Police said officers were called to 5,295 misdialed 911 calls in 2013.

Const. Pierre Bourdages ex-

plained that number reflects the calls that could unequivocally be classified as "misdial."

It's uncertain how many are pocket- or purse-dialed calls.

"They're not coded like this," said Bourdages. "But given the technology, where most phones will allow you to dial 911 from a locked screen, people have to be cognizant of the capacity of their phone."

DESIREE FINHERT/FOR METRO

## Sexual violence. Province seeks input on strategy

The Nova Scotia government is looking for public input as it develops a strategy to help combat sexual violence and improve services for victims.

It's asking victims and their loved ones, educators, health-care professionals and concerned citizens for feedback until July 18.

Forms are anonymous and can be filled out online or

mailed to the Department of Community Services.

Community Services Minister Joanne Bernard says sexual violence often goes unreported, but the government hopes to hear from as many people as possible.

Bernard says the three-year strategy will receive \$2 million per year.

THE CANADIAN PRESS

## South Park Street

### Police justified in actions leading up to fatal jump: SIRT

The Serious Incident Response Team (SIRT) released a report Wednesday stating police actions were justified in the fatal case of a jumper last February.

Hospital staff had

reported a 27-year-old man missing February 3, saying he might be a "danger to himself."

Halifax Regional Police found the door of the man's South Park Street apartment barricaded.

"The police have a duty to protect life, and in the circumstances were justified in entering the apartment out of concern for the health and safety of the

man," said SIRT director Ronald MacDonald.

Once inside, the man was found sitting on the outside edge of the balcony, said Wednesday's SIRT report.

"Other officers retreated, and one attempted to convince the man to come back inside," MacDonald said in a release. "However, the man eventually fell from the balcony." METRO



The apartment on South Street in Halifax. JEFF HARPER/METRO

## North Preston

### Two arrested after gunshots ring out

RCMP say no one was hurt in a shooting in North Preston on Tuesday evening.

Officers responded to a report of shots fired at a home on Cain Street around 9:30 p.m. A witness said they'd heard several shots and then saw a black

SUV flee the scene.

A release from the RCMP states that investigators don't believe it's a random incident.

Just before 1 a.m. Wednesday, officers arrested a male suspect in connection with the case. A male youth was also arrested in Cole Harbour.

Police are still looking for the SUV and other suspects. METRO



## Partnership. Mount Saint Vincent University, NSCC sign agreement

The Nova Scotia Community College and Mount Saint Vincent University have signed an agreement that will open the door to collaborations in research and education between students and faculty.

NSCC spokesperson Billy Comeau says the memorandum of understanding doesn't lay out specifics of academic exchanges or partnerships, but it establishes a framework for co-operation.

"That could mean anything from seeing where students might be able to get recognition for programming at one institution or another, where staff and students who are doing research might be able to collaborate," he said. "It will be a lot of exchange of ideas. We may share some faculty experience, they may

have some lectures at the other institution."

The agreement was signed Wednesday and runs for three years with the possibility of renewal.

Comeau says the NSCC has roughly 50 similar agreements with post-secondary institutions across the country.

"For us it's about always being open to those discussions with other institutions about where can we find ways to work with them and to partner and to collaborate," he said.

Now that the agreement has been signed, Comeau says the two institutions can move into the exploratory phase to determine the best ways to share resources.

RUTH DAVENPORT/METRO

## Digby. Fisherman reels in 252-pound halibut

Stew Taylor caught this week's quota of halibut in no time at all.

Longlining about six kilometres off Digby Gut, he caught a 252-pound halibut at the end of his first tub and starting on the second tub, he caught a 176-pounder.

Add to that one little 70-pounder and he filled his 500-pound weekly quota on three tubs of gear Tuesday.

Taylor, fishing on the Terminator, found a little spot between a couple of balloons — or large buoys marking lobster trawls — and set his gear Tuesday morning.

That evening when he hauled in the hooks, he discovered the biggest fish



The 252-pound halibut DIGBY COURIER

he had ever caught. Mind you, Taylor had caught a 240-pounder before.

He says it took them 45 minutes to get the big fish up over the sides of the Terminator. DIGBY COURIER



Carla Wheaton, cultural resource manager of Parks Canada, poses for a photo in front of the Old Town Clock on Wednesday. JEFF HARPER/METRO

# Tick tock, time for doors to unlock

**Heritage.** Doors Open features Old Town Clock and about 40 other buildings this weekend

### More online

Venues for Doors Open Halifax include Halifax City Hall, the Africville Museum and St. Mary's Cathedral Basilica. For a full list of venues, visit [doorsopenhalifax.com](http://doorsopenhalifax.com).

The image of the Old Town Clock can be called to mind by any Haligonian.

Its white, three-tiered exterior, octagon tower and blue clock faces stand majestically halfway up Citadel Hill.

But who's seen the inside?

"In some areas it's like a maze," said Parks Canada's Carla Wheaton. "The centre of the building contains a large hole — it's enclosed.

It contains a large pendulum and the weights. All the rooms circle that centre well of the clock's workings."

The clock tower is one of 40 buildings that will be open to the public for the second annual Doors Open Halifax.

The two-day event runs Saturday and Sunday from 10

a.m. to 4 p.m.

Kids and adults can step inside a synagogue, a brewery, a military library, a fire hall, a hotel, a university and a performance space.

The buildings have architectural, historical or cultural significance, and many are not usually open to the public.

It's the first time the clock has made the roster.

"They might be able to peek into the centre well and see the clock pendulum and the weights," said Wheaton.

A peek is all you will get. Wheaton says the cogs and gears are on the third floor, at the top of a stairwell so steep

and narrow it's almost a ladder.

A series of repairs to the siding and exterior stairs kept the building off last year's event, and Parks Canada will be doing work on the roof and double doors in the near future as well.

With dozens of Doors Open buildings participating across Halifax, Dartmouth and Bedford, Wheaton says the clock tower shouldn't be overlooked.

"It's the sort of building most people take for granted. It's always there, and hopefully it will always be there. It's really become an icon of the city." DESIREE FINHRT/FOR METRO



WENTWORTH

TOWNHOUSES  
TOWNHOUSE CONDOMINIUM  
SINGLE FAMILY HOMES

Wentworth is a collection of Halifax's select land parcels sought by discerning homebuyers. Like precious jewels, these properties are few, and they are simply superb. Nestled in deep lots against a natural greenbelt, and wrapped by stunning streetscapes, this harmonious collection of truly unique arts and crafts inspired homes, is simple in elegance and integrated with nature.



PROPERTIESATWENTWORTH.COM 902.496.0916



# Pimps and johns targeted in Tories' 'made-in-Canada' prostitution bill



Justice Minister Peter MacKay takes questions from reporters on Parliament Hill in Ottawa on Wednesday. The Conservative government has introduced legislation that targets johns and pimps. SEAN KILPATRICK/THE CANADIAN PRESS

**Legislation.** New list of offences intended to reduce demand for sex services and protect sex workers: Conservatives

The Conservative government has introduced legislation to criminalize the purchase of sexual services.

The long-awaited bill would also crack down on those who reap a material benefit from prostitution.

Justice Minister Peter MacKay says the "made-in-Canada" model is aimed at targeting johns and pimps while protecting the vulnerable.

The new prostitution-related offences are intended to reduce demand for sexual services and protect those who sell such services from

exploitation, as well as shield children and communities, the government says.

The bill would create new offences for:

— The purchase of sexual services and communicating in any place for that purpose.

— Receiving a financial or material benefit from the prostitution of others, including through businesses that sell the sexual services of others online or out of venues such as escort agencies, massage parlours, or strip clubs that also provide sexual services.

— Advertising the sale of sexual services in print media or on the Internet.

— Communicating for the purpose of selling sexual services in public places where a child could reasonably be expected to be present.

The legislation is the government's response to a Supreme Court of Canada deci-

sion in December that struck down key provisions of the country's prostitution laws.

While the court ruled the laws were unconstitutional, it gave the government a year to replace them.

Under the old laws, prostitution itself was legal but almost all related activities — including communicating in a public place for the purposes of prostitution, pimping and running a brothel — were criminal offences.

The new bill comes just two days after the Justice Department released the results of an online consultation which showed that a slim majority of respondents felt that buying sex should be illegal.

However, two-thirds of the more than 31,000 respondents said they thought selling sex should not be an offence.

THE CANADIAN PRESS

## Toronto uses tower power in branded condom rollout

Toronto unwrapped its very own city-branded condom design Wednesday, featuring the phallic point of the CN Tower and three aptly chosen city street signs: Cumer Avenue, Wood Street and Coxwell Avenue.

Toronto Public Health tweeted out the design of "condomTO" in six separate tweets, starting at 9 a.m.

A message on the condom's package reads, "No matter which way you go, put it on!"

The condom, launched by the health agency, comes two weeks before World Pride celebrations kick off in the city on June 20.

Dr. David McKeown, the

city's medical officer, says the condom's main goal is to get Torontonians talking about safe sex — and using condoms.

"This is a lighthearted approach to what is a serious subject," he said. "We want to raise awareness

and try something new and different to get people thinking about safer sex. We're trying to make it something that

people in Toronto will talk about."

About 60 people die from HIV in Toronto annually, he added. Using condoms is an effective way to prevent sexually transmitted



### First of its kind

This is the first Canadian city-branded condom that McKeown is aware of.

- Other major cities in North America, including Los Angeles and New York, have their own branded condoms.

diseases but statistics show many people choose not to use them.

The AIDS Committee of Toronto welcomed the move by Toronto Public Health, but pointed out only men's, not women's, condoms were available.

"The message doesn't start and end with condoms in a bowl," said spokesman Rafay Agha.

"But kudos to Toronto Public Health. The more safer-sex options people have, the better. It's also a great starting point for a conversation. Our symbol of the city is a phallic building."

TORSTAR NEWS SERVICE



## Every Chan for him-selfie

Canadian Olympic figure skater Patrick Chan takes a selfie with House Speaker Andrew Scheer as Olympic athletes were honoured in the House of Commons on Parliament Hill in Ottawa on Wednesday.

SEAN KILPATRICK/THE CANADIAN PRESS

### Toronto

## Man faces charges for indecent act with cucumber

A Toronto man is facing charges after police allege he committed an indecent act in a library while holding a cucumber.

Police say officers were called to a library in the city's northeast end on May 31 for what was described as a "suspicious incident."

Fredrick Tennyson Davis, 49, is charged with committing an indecent act and two counts of failing to comply with probation.

THE CANADIAN PRESS

### Florida

## After pulling over detective, phoney cop in real trouble

Police say a man impersonating an officer faces charges after signalling a real detective to pull over on a road in Florida.

Authorities say 20-year-old Matthew Michael Lee McMahon activated a red and blue light Monday while driving behind an unmarked sheriff's car.

THE ASSOCIATED PRESS



# Big chill over docs prescribing pot

**Rx marijuana.** One Toronto doc is seeing patients via Skype for pot scripts; they are connected to him via a private firm for \$300



**TREVOR GREENWAY**  
trevor.greenway@metronews.ca

Canadian doctors who prescribe medical marijuana are feeling a chill, as health officials apply pressure on them not to prescribe a drug they know little about.

A doctor in Toronto was willing to go on the record with Metro to talk about the stigma surrounding medical pot and the benefits patients derive from the drug. But when he heard several colleagues are being scrutinized by the College of Physicians and Surgeons, he backed out.

"Patients' doctors do not want to prescribe and they think that the college has

## Skype scripts?

**"Prescribing is a medical act that requires an appropriate evaluation of the patient ... and that can't be done if you do not see the patient."**

Dr. Yves Robert, Quebec College of Physicians

said that you cannot prescribe," said the doctor, who we agreed to keep anonymous. "It's uncomfortable and there is a stigma behind it."

The physician has started seeing patients via Skype — who are connected with him through a private firm for a \$300 fee — as more and more patients are finding it tough to find a doctor willing to sign off on a pot prescription. He says telemedicine is sufficient for such consultations and the patients provide him and the firm government-issued identification and their medical records.



It took Sandy Daviau more than a decade to find a doctor willing to prescribe pot for his MS. TREVOR GREENWAY/METRO

He said the problem is the fact there is no scientific data for doctors to reference when considering prescribing pot to patients with multiple sclerosis, cancer and

various chronic pain conditions.

"Physicians receive no training," he said.

Sandy Daviau spent more than a decade looking for a

doctor to prescribe the drug for his multiple sclerosis. He said with the recent changes to Health Canada's medical pot program, which makes doctors the ultimate gate-

keepers of the drug, more and more patients are finding it hard to access the drug.

"It's worse than before," said Daviau, whose initial physician Dr. Rob Kameran was ordered to close his Coe Hill clinic and was charged with fraud, forgery and money laundering after he signed off on 4,000 pot prescriptions in a year. It's stories like these that have doctors worried they will get nabbed for trying to help. "There is a clampdown going on right now. There is a political war going on out there behind the scenes and we are the pawns right now."

The College of Physicians of Ontario told Metro the federal pot program changes provide "significant concern," as doctors are expected to prescribe a drug that has no clinical studies. The Quebec college is concerned about doctors prescribing pot as well, especially via telemedicine or Skype. They are forbidden from using telemedicine right now in Quebec.

## Accused in robocall case thanked 'Pierre': Witness

As voters began marking their ballots on election day in 2011, Michael Sona jubilantly declared, "It's working," and ended the day by toasting a Stephen Harper win and giving "thanks to Pierre" a star Crown witness testified Wednesday.

Andrew Prescott, who at the time was Guelph Conservative candidate Marty Burke's deputy campaign manager, described it as the first time he would hear the infamous name Pierre in connection with the campaign.

It would not be the last.

Sona, 25, is a former Conservative campaign worker whom the Crown alleges was behind a scheme to mislead non-Conservative supporters in the riding by ordering more than 6,700 automated calls on the morning of the election.

The calls, which falsely claimed to come from Elections Canada, gave would-be voters incorrect information about where to cast their ballots.

Investigators would later find the cellphone that called the robocall company,

RackNine Inc., was registered under a fake name, Pierre Poutine, and that the account with the telemarketer was under a pseudonym, Pierre Jones.

Sona is charged with wilfully preventing or endeavouring to prevent an elector

from voting and faces a maximum penalty of five years in prison. Prescott told court he used two RackNine accounts on election day: One was his own, while the other he accessed through campaign manager Kenneth Morgan.

THE CANADIAN PRESS



## UP SOME BASEMENT SPACE

### Halifax Curbside Give Away Weekend

June 7 - 8, 2014

Whether it's freeing up space in your house, or finding something great for free, you won't want to miss Curbside Give Away Weekend – a free-for-all that helps our environment by reducing the number of items that end up in our landfills.

This year, share your experience with #hfxcurbside  
For all the details, visit [halifax.ca/curbside](http://halifax.ca/curbside)

# HALIFAX



## Sweet to sour. Burt of Burt's Bees buzzed back to Maine after love affair with staffer

Conventional wisdom suggests the Burt behind Burt's Bees left the company after he became disillusioned with the corporate world in North Carolina and wanted to return to his solitary life in Maine.

The reality, Burt Shavitz says, is that he was forced out by co-founder Roxanne Quimby after he had an affair with an employee.

So the man on the Burt's Bees logo that promises "Earth-friendly natural personal care products" ended up with 37 acres in Maine, and an undisclosed sum of money.

And he's not complaining. "In the long run, I got the land, and land is everything. Land is positively everything. And money is nothing really worth squabbling about. This is what puts people six feet under. You know, I don't need it," he told a filmmaker on the property where the company was launched in the 1980s.

The reclusive beekeeper whose simple life became complicated by his status as a cor-



Burt Shavitz stands on his property in Parkman, Maine. THE ASSOCIATED PRESS

porate icon is now the subject of a documentary, Burt's Buzz, which opens Friday in cities including New York, Los Angeles, Miami, Chicago, Phoenix and Cleveland.

Interviewed by The Associated Press on his land in Maine, Shavitz declined to discuss his relationship with Quimby.

"What I have in this situation is no regret," he said, sitting in a rocking chair. "The bottom line is she's got her world and I've got mine, and we let it go at that."

THE ASSOCIATED PRESS



## Get white-glove service ... for \$21,500 a night

As the gap between the wealthiest travellers and everyone else has widened, high-rollers are looking for ever-more pampering. Luxury hotels are arising even at iconic middle-American tourism spots such as Walt Disney World. Case in point: this Abu Dhabi Suite at the St. Regis in Abu Dhabi. The nearly 24,000-square-foot two-storey suite, which sells for a nightly rate of \$21,500 US, is suspended 720 feet above the ground between the two buildings of the Nation Towers development. It has three bedrooms, a spa, a cinema, a bar area, two kitchens and a 360-degree panoramic view of the city, the islands, and the Sheikh Zayed Grand Mosque. The suite has 19 chandeliers made of Bohemian crystal, and an elevator that takes guests to ground level in total privacy, bypassing the rest of the hotel. KAMRAN JEBREILI/THE ASSOCIATED PRESS

### Fraud

## America catching up to Canada with card microchips

Sam's Club on Wednesday said it will become the first mass retailer in the U.S. to offer a credit card using a fraud-detering microchip.

Visa and MasterCard are pushing for the adoption of microchips, which they say have helped reduce fraud in Canada, Mexico and most of Western Europe.

THE ASSOCIATED PRESS

### Market Minute



**DOLLAR**  
91.42¢ (-0.24¢)



**TSX**  
14,796.79 (+62.10)



**OIL**  
\$102.64 US (-\$0.02)



**GOLD**  
\$1,244.30 US (-\$0.20)

**Natural gas:** \$4.64 US (+\$0.02)  
**Dow Jones:** 16,737.53 (+15.19)

SEASON FINALE

SEED  
TONIGHT 10

City



Citytv.com ROGERS





RBC Direct Investing

**IT'S A NEW DAY FOR  
ONLINE INVESTORS**

**\$9<sup>95</sup>**



**TRADES FOR ALL.<sup>1</sup>  
NOT JUST FOR SOME.**

Now everyone can make online and mobile equity trades for just \$9.95.<sup>1</sup>  
No balance or trading requirements.

Learn more at [rbc.com/995forall](http://rbc.com/995forall)

<sup>1</sup> All RBC Direct Investing clients pay \$9.95 CDN or US per equity trade with no minimum account balance or trading activity required. \$6.95 flat CDN or US per equity trade when you trade 150 times or more per quarter. This pricing only applies to trades placed through an available Automated Service, including the online investing site and mobile application. Additional terms and conditions apply. Visit [www.rbcdirectinvesting.com/lowtrades](http://www.rbcdirectinvesting.com/lowtrades) or call 1-800-769-2560 for complete details.

RBC Direct Investing Inc.\* and Royal Bank of Canada are separate corporate entities which are affiliated. RBC Direct Investing Inc. does not provide investment advice or recommendations regarding the purchase or sale of any securities. Investors are responsible for their own investment decisions. RBC Direct Investing is a business name used by RBC Direct Investing Inc. \* Member-Canadian Investor Protection Fund. ® /™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence. © Royal Bank of Canada 2014. All rights reserved.

# GAME OF BLEEDING RAINBOWS & BAD ACCENTS

Game of Thrones is one of the most intensely loved shows in the history of television, which is interesting for a show that does not love you back.

The sword-and-sorcery-and-rape-and-decapitation fantasy series has its moments of joy and hope, but they're mostly there so they can be snatched away from you, like a child's toy, your shocked face part of the latest YouTube reaction montage.

Author George R.R. Martin wrote the books the series is based on, so he can be blamed for most of the emotional wallop. Then the show producers looked at a book series full of sexual assault, decapitation, castration and people getting slaughtered at weddings and said, "Hey, could be worse. Let's make it worse!"

It all came to a head in the most recent episode as the emotional and physical pain combined perfectly when (spoiler!) a much-loved character had his skull slowly crushed ON SCREEN, destroying hope and brains in equal measure.



HE SAYS

**John Mazerolle**

metronews.ca

(Double spoiler!: He died.)

The impact of that scene had me thinking about what Martin could have done with some of television's most famous programs.

## If all TV were like Game of Thrones ...

\*If Martin had written **Seinfeld**, the Master of My Domain episode would have been about who can go the longest without losing their genitals.

\*If Martin had written **Reading Rainbow**, the theme song would have been, "Butterfly in the sky/Loses its wings and dies/Dare to look/Within my book/A Bleeding Rainbow (death by crossbow!)"

\*If Martin had written **WKRP**, Les Nessman's cuts would have been fatal.

\*If Martin had written **The Mary Tyler Moore Show**, Mary would have thrown her hat in the air and been hit by a truck.

\*If Martin had written **The Wire**, the mayor of Baltimore would have been a conniving narcissist with unbridled lust for power and women, played by an Irish actor with a deeply unconvincing accent.

\*If Martin had written **Friends**, one episode would have been called **The One About the Incestuous Rape Over the Barely Warm Corpse of Their Child**.

\*If Martin had written **The X-Files**, Scully would have said dragons don't exist while a dragon was eating her.

\*If Martin had written **Freaks and Geeks**, it would have been Carrie.

\*If Martin had written **The Daily Show with Jon Stewart**, your Moment of Zen would have been the anguished screams of the dying.

\*If Martin had written **The Larry Sanders Show**, it would have been exactly the same. He loves that guy.

As you can see, I'm sort of obsessed. I feel like if the show has gotten us this invested, it must take a happy turn soon, right? I've got a good feeling about next week. And if the good guys don't start winning, I swear, heads will roll.

## ZOOM

### Felines: 'The universal mode of communication'



SVETLANA PETROVA  
Artist based in St. Petersburg, Russia

After her mother died, artist Svetlana Petrova went into a deep depression. A friend suggested dressing up Zarathustra, the kitty Petrova inherited from her mom, in costumes for a photo session as a pick-me-up. But the cat was so fat that he couldn't fit into anything. Instead, Petrova photoshopped him into works of art. Metro sat down with Petrova to get more details.

#### Are you a big fan of memes?

I love the concept. If I were to return to university I'd write a thesis on it. But I want to make memes that are pretty. Many memes are just plain ugly.

#### Why do cats have such appeal?

Cats are the universal mode of communication. We may all speak different languages but we're all lovers of cats. They're a way of bringing us together to do good. For example, two years ago there was Hank, a cat that ran for the U.S. senate. For his campaign, I helped design some fake dollar bills with his picture on them. The project raised a lot of money for animal charities in the U.S. and Russia. So we managed to do good, not through people but through a cat. **METRO**

## But is it cat?

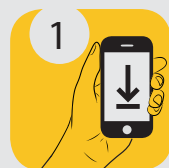


The Mona Lisa by Leonardo da Vinci gets a ginger fat cat addition. Below: catified versions of Portrait of an Unknown Woman in Russian Costume by Ivan Argunov and Bogatyrs by Viktor Vasnetsov. COURTESY SVETLANA PETROVA



## METRO AUGMENTED REALITY

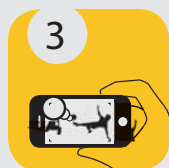
### SEE THE NEWS COME ALIVE...



DOWNLOAD  
METRO NEWS APP



FILL SCREEN WITH  
IMAGE TO SCAN



METRO AR IMAGE  
JUMPS TO LIFE



In this issue, you can find AR enhancements on page 8 in Business and page 18 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

## MetroTube

### Man goes in search of lost time on a motorbike

REBECCA WILLIAMS  
readers@metronews.ca

Every corner of the world is more connected than ever, but what about our connection to the past?

Douglas Gautraud's romanticizing of another time and his ties to his grandfathers left him wanting something outside of living life online. So, much to his mother's chagrin, he bought a motorcycle.

What follows is an endearing story about how two wheels and an engine help a man explore his relationship with his elders, and



how it became his "Mom's Motorcycle." (Via Douglas Gautraud/YouTube)



# Lana Grant looks to connect the spiritual with the song

## 'A life-changing event.'

Local musician teams up with psychic to reflect on the dearly departed



**BACKSTAGE PASS**  
Jenna Conter  
halifax@metronews.ca

When local singer/songwriter Lana Grant informs me that she felt the presence of my late aunt, Tema Conter, in the room instructing her to compose *Allowed No Goodbye* for her latest album, I don't question her conviction or genuine desire to turn our painful story into such an amazingly haunting song.

It wasn't until Grant herself came face-to-face with a traumatic medical scare that she found comfort, power and strength in a spiritual place. Coming out the other side seemingly unscathed, I don't doubt it when she tells me that Thursday's *Music and The Medium* event will shake many to their core.

"One of the things I love to do is to help bring healing, and music has been one way to help people work through their sadness," Grant said. "I always see people that are stuck in their grief and don't have the ability to cope, so I wanted to find another unique way to help them."

Uniqueness is guaranteed at Thursday's concert, *Music and the Medium*. Grant, together with five musical guests, will be performing original music that's been



Lana Grant is one of the performers at Thursday's *Music and the Medium* event in Halifax. CONTRIBUTED

inspired by someone who has died.

The music is merely half of the experience. The second is the medium, coming to the Halifax Forum by way of Alan Hatfield. A world-renowned

psychic, Grant hopes that Hatfield will not only be able to connect the musician to the muse who has crossed over, but will also be able to tap into the audience.

"I felt I needed to join

these two worlds," says Grant. "For the price of a ticket, it will not only be entertaining but at the same time possibly an amazing experience and life-changing event."

Skeptical? Grant assures

### Check it out

**Music and the Medium:**  
Bringing the past to the present through music

- Where: Halifax Forum Multi-Purpose Room
- When: Thursday, 7 to 10 p.m.
- Tickets: musicianmorsels.bigcartel.com

### Quoted

"I always see people that are stuck in their grief and don't have the ability to cope so I wanted to find another unique way to help them."

Singer/songwriter Lana Grant

me Hatfield does not know the set list for the evening and will be hearing these songs for the first time — after which, the goal is for Hatfield to generate a spiritual connection with the people behind each song's story. Once Hatfield gives his reading, the artists will share their meaning. Grant predicts it will be awe-inspiring to watch how the stories will match up.

To conclude the evening, Hatfield will turn his attention to the audience in the hopes of capturing the spirit messages of some of the loved ones who have passed.

**TOP SIX @ 6**  
Weeknights at 6 KB counts down the HOTTEST songs of the day

**6** DJ Snake ft Lil John  
Turn Down For What

**5** Ed Sheeran  
Sing

**4** Ariana Grande ft Iggy Azalea  
Problem

**3** Calvin Harris  
Summer

**2** Jason Derulo  
Talk Dirty

**1** Iggy Azalea  
Fancy

101.3 THE BOUNCE

1013TheBOUNCE.com | info@1013thebounce.com

**HN**  
Harris Newton Law

902.444.7811  
harrisnewtonlaw.ca

Planning for the future?  
Looking for peace of mind?

Call Sarah Harris or Stephan Jedynak, they can help with:

- Real Estate Law (commercial and residential)
- Wills and Estates (including Probate)
- Personal Directives
- Trusts (including Family Trusts)



John Mayer ALL PHOTOS GETTY IMAGES

## In post-breakup, Mayer becomes muse to Katy Perry

At this point, we'll soon be able to put out a compilation album of songs written about John Mayer. His most recent ex, Katy Perry, tells Cosmopolitan that fans shouldn't be surprised to hear some tunes on forthcoming albums inspired by their breakup. "There's no bad blood, but I'm sure there will be inspired songs," she tells the magazine.

Taylor Swift, another of Mayer's exes, also penned a tune or two about the singer.

Mayer, for his part, isn't too worried about the output. "I have super-strength for gang-ups," he tells TMZ. "I'm fine. That's what you're supposed to do, man. You're supposed to write songs. You're just not supposed to tell everybody you're doing it."

## Nick Loeb's pals couldn't be happier about split from Sofia Vergara

Last month, Sofia Vergara announced the end of her two-year engagement to Nick Loeb, and apparently his friends are thrilled by the news, according to Page Six. "I'm happy to see her go. Good riddance," one of businessman Loeb's pals said, shooting down claims that Loeb was using the relationship to ride Vergara's coattails.

According to the friend, the Modern Family actress was "rude" during group dinners, ignoring others and constantly checking her



Sofia Vergara

phone and Twitter account. "She only joins the conversation if it's about her."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## 50 blames his terrible pitching on too much hand practice

MELINDA TAUB

Metro World News in New York City

50 Cent is sure living life to the fullest this summer. First he throws the worst first pitch ever at a Mets game. Then he has a rival robbed onstage. Now he says he masturbated so much he hurt his bones.

No, not that bone. Fiddy is blaming that dismal first pitch on a sort of repetitive stress injury. In his Reddit AMA Tuesday, he

said, "I have a skeletal muscle injury from excessive masturbation so take it easy lol."

Will do! Then again, most of us do not have to pitch at Major League baseball games, so we are free to abuse ourselves as extravagantly as we choose, no matter how fraught with peril our technique may be.

In that same AMA, 50 Cent also said he used to bench press 405 pounds, so perhaps the injury had other causes. He also showed his nerdy side: When asked what would be his dream movie role, he replied, "One of the Marvel franchise. Or Star Wars."

Just be careful how many times you swing the light sabre.



Kourtney Kardashian

## Kourtney Kardashian is expecting, many selfies to follow

The Kardashian-Jenner family may still be on a high from Kim's wedding, but now they have another reason to celebrate. Kourtney and boyfriend Scott Disick are reportedly expecting their third child. Us Weekly is reporting that she is a few months along, and you can count on the mag — as well as other tabloids — to document her ever-growing

bump throughout the coming months.

So far, the couple and the Kardashian clan haven't officially announced the pregnancy in the press or on social media. But you know this family can't keep quiet for long.

Kardashian and Disick have two children together already.

### Twitter



@samantharonson

The guy down the street listens to talk radio with this front door open, like it's his job to scare the kids in the neighbourhood.



@SethMacFarlane

We are so lucky that the great escape artists like Harry Houdini aren't also serial killers who can't be locked up.



@ChloeGMoretz

up till 2 writing school essay before my press day tomorrow

**SUPER**  
Spend  
YOUR POINTS  
EVENT!

SPEND  
25,000 POINTS  
AND GET UP TO  
**\$50** OFF\*

THAT'S  
AN EXTRA  
**\$16**

SPEND  
50,000 POINTS  
AND GET UP TO  
**\$110** OFF\*

THAT'S  
AN EXTRA  
**\$25**

SPEND  
95,000 POINTS  
AND GET UP TO  
**\$220** OFF\*

THAT'S  
AN EXTRA  
**\$50**

**FREE**  
feels good  
Optimum

Visit [shoppersdrugmart.ca](http://shoppersdrugmart.ca) or the store nearest you for details.

\*Some conditions may apply. See store for details. Offer valid Saturday, June 7 & Sunday, June 8, 2014 only.

**SHOPPERS**  
DRUG MART



# More pledges, more product

## Net those customers.

Fashion designers are turning to crowdfunding to boost brand buzz, profile and bottom line

Dylan Uscher works mainly with independent boutiques to feature his creations, but the designer hopes that crowdfunding will help elevate his label from budding brand to booming success.

The self-taught American designer recently moved back to Boston after eight years in Toronto where he launched Dylanium Knits in 2010.

Uscher has partnered with Luevo — a Canadian crowdfunding platform for designers — to help pre-sell his fall collection of knitwear inspired by Florentine architecture. His online campaign ends June 15.

"It's always a struggle when you're an independent business owner because you have to work really hard to get the very little that you have," Uscher said. "This just seemed like a really great outlet to try and get some new sales."

All items in his collection featured on Luevo are 15 per cent less than the suggested retail price.

And Uscher will only produce them if the products reach designated targets among customers who've pledged to purchase the designs, which include scarves, a slouch hat and cape.

"Instead of using hypothetical market research or num-



Sunny Fong recently reached out to online donors to expand his VAWK label. In a video on his Indiegogo fundraising page, Fong appealed for help to stage his World MasterCard Fashion Week runway show in Toronto in March as well as aid to launch his label's first online store. KEITH BEATY / TORSTAR NEWS SERVICE

bers that someone else has designed, you can put your own products out there and really test ... what products are going to work and what colours work and what doesn't," Uscher said.

"I think that's the really interesting way to approach it without having to go through all of the process of producing the items yourself and hoping that they sell."

Luevo co-founder Ana Caracaleanu said the site launched with its first designers in March and plans to keep the number of labels featured in their "curated marketplace" to under 10 for now, with campaigns of 30 to 45 days.

Luevo takes a 15 per cent commission from successfully funded projects but also works to support designers in other ways such as editing news releases and producing written

## The pros and cons of the crowdsourcing concept

Darren Meister, an associate professor of business at Western University in London, Ont., said he thinks a bigger risk from a fashion perspective is the ability to see the designs — and potential interest from consumers — posted online for all to see. That includes major retailers who may jump on creating their own versions.

- Yet Meister said he also sees the possibility of rewards for emerging designers using

the platform to make their mark, and some sales in the process.

- What the crowdfunding model allows you is to try a more things, get more immediate feedback and improve your designs, he said. "If I'm a designer and I put up 20 designs and I see these three are the ones that are catching on, I'm probably going to focus on those three."

content, she added.

"For the designers, the value that we bring is our technology to crowdsourcing items that are not yet produced. They don't have to pull the inven-

tory," Caracaleanu said. "They could use us as a step in growing their businesses or scaling up, and then taking their productions to a larger site where they may be requested to have

## Exclusivity

"We think there's a really unique opportunity for not only startup entrepreneurs but specifically for fashion designers because they can present truly unique wares that are literally unavailable quite often in any other place."

Christopher Charlesworth  
Co-founder of HiveWire, a crowdfunding and crowdsourcing solutions provider

... the inventory to put their items there."

Christopher Charlesworth is co-founder of HiveWire, a crowdfunding and crowdsourcing solutions provider. He isn't surprised to see designers pursuing crowdfunding as capital- and buzz-building strategy.

"We think there's a really unique opportunity for not only startup entrepreneurs but specifically for fashion designers because they can present truly unique wares that are literally unavailable quite often in any other place."

"For many startup designers, they don't have access to the traditional distribution channels. Crowdfunding allows them to connect directly with a unique audience that is potentially interested in their goods."

The platform also offers the opportunity to take risks with designs they might not be able to produce when dealing with a mainstream chain, Charlesworth noted.

THE CANADIAN PRESS

# 3

# THE

PLUS  
HOMES

**St. George's Greek Orthodox Community**  
38 Purcell's Cove Road  
June 12, 13, 14 & 15th  
[www.greekfest.org](http://www.greekfest.org)

**HALIFAX GREEK FEST**

1 More Day of Greek Fun! Now Thursday to Sunday

Win a Trip for 2 to Greece!



# All decked out for summer

**Sunny makeover.** A DIY weekend transformed a tired deck into a bright, summertime retreat



**DESIGN CENTRE**  
Karl Lohnes  
home@metronews.ca

The 40-year-old deck at the back of my house was in desperate need of some freshening up. Structurally it was sound, but the sun-bleached wood was in desperate need of some style inspiration. My inspiration came from sun-filled Miami, where the outdoor spaces are white,

bright and accessorized with a pop of colour.

With the help of two friends I transformed an unused space into an outdoor entertaining

area that works both day and night.

Here's some inspiration, and the products, that helped me get the look.



**BEFORE:** This deck was in serious need of some TLS (tender loving style).



**AFTER:** Following a quick weekend of painting and laying some new flooring, the old tired patio was ready for summer. The Dimplex Outdoor Fireplace (now discontinued) was purchased at a yard sale and creates a much-needed focal point while offering the look of an outdoor fire when entertaining at night. ALL PHOTOS CONTRIBUTED



## Paint the wood white

A solid wood stain (similar to a paint) was applied not only to brighten the outdoor space but also to protect the wood from drying out further. I chose a cool, off-white putty colour to help calm the eye on a bright day. Pure white can sometimes be too glaring and often looks cheap. TimberCare Solid Colour Wood Stain, Cement Gray, \$55, Para.com

## It's easy being green

I'm not much of a gardener, so the simplest way to get a shot of green on the deck was to use artificial grass. Delivered as a roll, it lays flat on the existing deck, can be vacuumed, cleaned with a garden hose, is fade-resistant and stays cool on the sunniest of days. UZ-ITE Green Grass Shag Carpet, \$19/yard HomeDepot.ca



## A real shady deal

No trees by my deck means the need for shade when entertaining. One day, a retractable awning (a dream) will get installed. Until then, a super-chic, free-standing umbrella will keep things cool. Karloso Umbrella, \$90, IKEA.ca



## Cushion a blue streak

For a cool-to-touch Miami feeling, I kept all the furnishings light in tone and accessorized with hits of blue and green. Zuo Modern Maclear Outdoor Sofa, \$1,450, Lowes.ca



2014 Series



NOVA SCOTIA  
HOME BUILDERS' ASSOCIATION

## Energy Efficiency Showcase of Homes

Public Home Tours Every Weekend  
Saturday & Sunday • 1 PM to 4 PM

May 24-25 • May 31-June 1 • June 7-8

Proudly Sponsored by:

efficiency

Bell Aliant

NOVA SCOTIA POWER



## SHOWCASE HOMES BY LOCATION:

### HALIFAX

12 Brick Lane Governor's Brook \$324,900  
110 Lier Ridge Governor's Brook \$239,900

### DARTMOUTH

4 Krause Court Russell Lake West Model Home  
5 Viridian Drive Willow Ridge \$439,900  
111 Cherrywood Drive Portland Hills \$599,900  
245 Nadia Drive Trinity Subdivision \$309,900  
247 Nadia Drive Trinity Subdivision \$289,900

### COLE HARBOUR

141 Bissett Road Model Home

### BEDFORD

6 William Borrett Ter. The Ravines Model Home  
32 Alpine Court Alpine Court \$419,900  
151 Bosun Run Wentworth Estates fr. \$354,900

### WEST BEDFORD

145 Olive Avenue Thistle Grove \$469,900

### UPPER TANTALLON

147 Summit Crescent Westwood Hills \$309,900

### MIDDLE SACKVILLE

4 Matchplay Court Twin Brooks fr. \$249,900  
123 Kernwood Drive Lisle Lake \$389,900

### WAVERLEY

322 Willowhill Ridge Spider Lake \$769,900  
331 Willowhill Ridge Spider Lake \$789,900

### FALL RIVER

472 Duart Avenue St. Andrews West \$539,900  
556 Duart Avenue St. Andrews West \$529,900

### OAKFIELD

193 Sawgrass Drive Oakfield Woods \$489,900



The Evolution of the Traditional Family Home [www.lifestylehome2014.ca](http://www.lifestylehome2014.ca)

Tour Information: [www.nshomebuilders.ca](http://www.nshomebuilders.ca) • 450-5554 • 1-800-668-2001



Sophisticated Bohemian (Sobo) has gone from food truck to destination restaurant in Tofino, B.C. to a cookbook. Lisa Ahier (the restaurant's chef and owner) has teamed up with Andrew Morrison (a food writer) for a release that focuses on locally sourced, seasonally inspired ingredients — just like the restaurant that inspired it. Among the 100 recipes included are: Crab and Goat Cheese Wontons, BBQ Bison Flank Steak, Thai Chicken in Roti, Mascarpone Cheesecake and more. **METRO**

With thousands of wine recommendations, meal



app that can remember yours  
wines and scan bottle labels  
as well.

# The best of the west: Killer Fish Tacos

**Lunch or dinner.** Nothing screams summer more than fresh fruit, and this recipe takes nature's and mixes it with crispy fish

"I've always adjusted this recipe according to what fish is readily available. In New York, I used snapper, and in Texas, I used bass," writes Lisa Ahier in her book *The Sobo Cookbook*.

"Here in B.C., salmon and halibut have become my all-time favourites. This recipe was featured in *The Best American Recipes 2000*, edited by Fran McCullough and Suzanne Hamlin, and in *The Gourmet Cookbook*, edited by Ruth Reichl."

1. Prepare the fresh fruit salsa.

**2.** Cut the salmon and halibut into 1-inch cubes and season with salt.

**3.** Heat the oil in a large frying pan over medium-high heat. Add the onion and sauté for 1 minute. Add the fish and fry for about 3 minutes, until just cooked. Add the chipotle chilies and sauté for 2 or 3 more minutes. Remove from the heat.

**4.** Fill the taco shells halfway with the fish mixture, then top with the salsa. Serve immediately, two tacos per person.

### Fresh Fruit Salsa

This salsa should reflect the season, so don't be a slave to the recipe. I mix it up all

## Ingredients

- Fresh Fruit Salsa (see below)
- 1 lb wild salmon, boneless and skinless
- 1 lb halibut, boneless and skinless
- 1 tbsp salt
- 1/2 cup olive oil
- 1 cup small-diced red onion (about 1 onion)
- 1/2 cup puréed canned chipotle

the time, combining fruits like peaches and blueberries with watermelon, or pineapple with avocado. Buy what's fresh.

**1.** Combine all ingredients and refrigerate until ready to use. This salsa will stand up for about 24 hours, after which time the fruit begins to break down.

RECIPE EXCERPTED FROM THE SOBO  
COOKBOOK. COPYRIGHT 2014 LISA  
AHIER AND ANDREW MORRISON.  
PUBLISHED BY APPETITE BY RANDOM  
HOUSE, WHICH IS A DIVISION OF RAN-  
DOM HOUSE CANADA LIMITED. REPRODUCED  
BY ARRANGEMENT WITH PUBLISHER. ALL RIGHTS RESERVED.



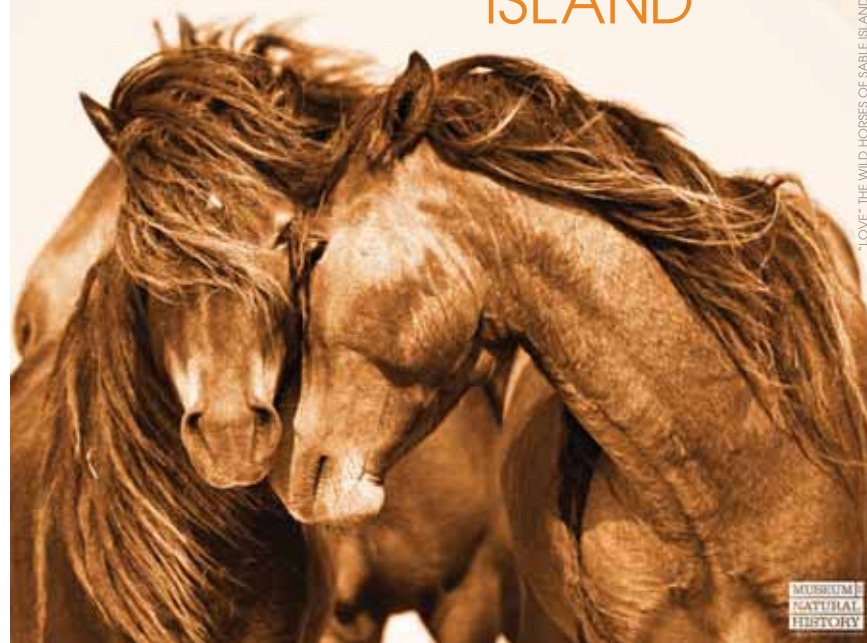
**This recipe serves eight.** JEREMY KORESKI



ROBERTO DUTESCO

JUNE 6 - OCT 13

THE WILD HORSES OF SABLE ISLAND

[illegible]MUSEUM  
NATURAL  
HISTORIE

**TICKETS & PASSES ON SALE NOW!**

**MAGNETICNORTHFESTIVAL.CA/BUYTICKETS**

OR CALL **1-888-311-9090**

MAGNETIC NORTH





# MAKE YOUR SPRING EXTRA GREEN

## DONATE CLOTHES, HOUSEHOLD ITEMS AT VALUE VILLAGE

Are you looking for more ways to contribute positively to the environment in your everyday life? Shop second-hand.

The clothing you wear and give away can make a big impact on the environment. On average, each North American throws away more than 30 kilograms (68 pounds) of clothing and textiles each year.

The good news is that nearly 100 per cent of that is reusable or recyclable. So this season while you are combing through your closet, packing away your sweaters and getting out those shorts and T-shirts, make your spring extra green by donating your clothes and household items at Value Village.

"Donating the clothes you don't need anymore is a simple, easy way for anyone to go green in their everyday lives," says Tony Shumpert, vice-president of recycling operations for Value Village. "It might seem like a small contribution, but over time one person can make a really big difference."

Value Village is one of the largest recyclers of used clothing in the world, keeping more than 294,000 metric tonnes (approximately



CONTRIBUTED

650 million pounds — that's the size of two cruise ships) of quality goods from landfills by selling reusable items in-store and responsibly recycling items unsuitable for resale.

Last year, Value Village repurposed 329 million tops, 59 million pairs of shoes, 114 million pairs of pants and 28 million coats.

Of course, second-hand shoppers are just as important as donors. Visiting your local thrift store is a great way to find good quality, one-of-a-kind items for excellent prices. Shoppers can look good and go green at the same time.

"Value Village works with community

## SUPPORTING COMMUNITIES

Make room for your fresh new finds by cleaning out the old clothes you don't wear anymore. Value Village pays local non-profits every time you donate, helping to support their programs and services within the community.

"Our goal at Value Village is to support our communities across Canada," says Tony Shumpert, vice-president of recycling operations for Value Village. "We consider community investment an essential component of our business."

Over the past 10 years, Value Village has purchased more than \$1.5 billion of goods from its partners, turning otherwise unused items into sustainable funding that supports the non-profit's vital community programs and services.

Helping out the community — now that's truly stylish.

partners like Big Brothers Big Sisters and the Canadian Diabetes Association to keep goods out of landfills and give pre-loved clothing a brand new life," Shumpert says. "You never know what treasures you'll find — thrift shopping makes recycling fun."

For more, visit [valuevillage.com](http://valuevillage.com).

## Dig through fashion gold mines

Unique style is a coveted quality. This is true now more than ever thanks to street style blogs like the Sartorialist, Street Peeper, Face Hunter, and many others.

"Second-hand shopping has become the fashionista's secret weapon," says Tony Shumpert, vice-president of recycling operations for Value Village. "You never know what you're going to find there, and sometimes it's a gold mine."

Here's how to find your style at Value Village:

### LOOK FOR HIGH-QUALITY MATERIALS

The fabrics you choose will make a difference in the longevity of your garments. Keep your eyes open for high-quality textiles like silk or wool. These materials wear well, last a long time and never go out of style. Value Village purposely selects high-quality clothing, and puts more than 5,000 to 10,000 new items out every day.

### CHECK THE LABEL

Chanel, Nike, Lululemon, Aritzia brands such



as Wilfred and TNA — high-quality brand names are frequent finds at Value Village. As you are sifting through the racks, watch the labels. You will find items for \$10 that would have originally retailed for hundreds.

### TRY IT ON

At Value Village, clothing is arranged by size so you can easily find the best fit for you, but



since every item is different, make sure to try it on to find out how it fits.

### KNOW WHEN TO SAY NO

Sometimes a clothing item just isn't for you. If it's not quite right, don't buy it. Or if you bought it and you are having second thoughts, bring it back. Value Village welcomes buyers to exchange their purchases



CONTRIBUTED PHOTOS

within seven days so you can save your pocket money for items that feel just right.

### CONSIDER GETTING IT TAILORED

If you find a \$5 jacket in just the right shade of blue, but it doesn't quite fit, consider getting it altered at a tailor. It will still cost far less than it would new, and you will have a great piece that will last you for years.



# ValueVillage

# ECO-STATS



facebook.com/ValueVillage



@saversvillage



pinterest.com/saversvillage

**Value Village** is one of the largest recyclers of used clothing in the world and diverts more than 650 million pounds of quality goods from landfills each year.

The EPA estimates that the average person throws away up to

## 70 POUNDS OF CLOTHING PER YEAR.

(SMART Association)



Almost **100%** of clothing and textiles are recyclable.

However, **85%** of clothing and textile waste goes to landfills. (World Wear Project)

Last year alone, **Value Village** repurposed:



**329 MILLION**  
TOPS



**114 MILLION**  
PAIRS OF PANTS



**59 MILLION**  
PAIRS OF SHOES



**28 MILLION**  
COATS



That's enough merchandise to supply the average woman's lifetime wardrobe almost **145,000 times over.**

**Value Village** gives a second life to more than 1.8 million pounds of reusable items every day, totaling

## 600 MIDSIZE CARS



# ValueVillage

Good deeds. Great deals.  
[www.valuevillage.com](http://www.valuevillage.com)





Justin Williams is mobbed by his Kings teammates after he scored in overtime to beat the Rangers in Game 1 of the Stanley Cup final in Los Angeles on Wednesday. BRUCE BENNETT/GETTY IMAGES

## Royal recovery nets Kings overtime win

**Stanley Cup final.** L.A. overcomes two-goal deficit to win Game 1 in fourth period

Justin Williams scored 4:36 into overtime as the Los Angeles Kings rallied to edge the New York Rangers 3-2 in Game 1 of the Stanley Cup final on Wednesday.

Dan Girardi fanned on a clearing attempt and the puck went to Mike Richards, who found Williams alone in

Game 1

3

Kings

2

Rangers

front and the forward scored high to the stick side.

After going down 2-0 early, the Kings tied it up in the second period and came on like a freight train in the third period — outshooting

New York 20-3. But the Rangers threatened late in a wild ending to regulation time.

New York goalie Henrik Lundqvist and the Kings' Jonathan Quick both lived up to their reputations on the night, with Quick busy early and Lundqvist late in an end-to-end game.

The Rangers managed 25 shots in regulation time. The shots were 2-2 in OT.

Game 2 goes Saturday at the Staples Center with advantage Los Angeles.

Teams winning Game 1 have gone on to claim the

Cup 77 per cent of the time (57 of 74 series) since the final went to a best-of-seven format in 1939.

Benoit Pouliot and Carl Hagelin scored for the Rangers before a crowd of 18,399, the Kings' 118th straight sell-out.

Kyle Clifford and Drew Doughty scored for Los Angeles, which trailed 2-0 in the first period.

The Kings are looking to win their second Cup in three seasons while the Rangers are after their first championship in 20 years. **THE CANADIAN PRESS**

NBA

### Sterling agrees to sell Clippers, attorney says

Los Angeles Clippers owner Donald Sterling agreed Wednesday to sign off on selling the team to former Microsoft CEO Steve Ballmer for what would be a record \$2 billion, according to his attorney.

Sterling "has made an agreement with the NBA to resolve all their differences," and as co-owner has given his consent to a deal that was negotiated by his wife, Shelly Sterling, to sell the team, said attorney Maxwell Blecher.

Donald Sterling filed a \$1-billion suit against the NBA in federal court last week alleging the league violated his constitutional rights, but Blecher said the suit will be dismissed.

**THE CANADIAN PRESS**

World Cup

### Ronaldo hobbling ahead of Brazil

Portugal says forward Cristiano Ronaldo has tendinitis in his left leg to go with a left leg muscle injury as the team prepares for its World Cup opener on June 16 against Germany.

Ronaldo helped Real Madrid win the Champions League last month despite being hampered by leg injuries.

**THE ASSOCIATED PRESS**



Cristiano Ronaldo GETTY IMAGES

## GET MORE IN A FORD

THE STANDARD FEATURES YOU EXPECT AND SOME YOU DON'T



2014 F-150 XLT SUPERCREW 4X4

LEASE FOR ONLY

\$299\*

PER MONTH FOR

24 MONTHS

AT 1.49% APR WITH \$1,950 DOWN.

OFFER INCLUDES FREIGHT AND EXCLUDES TAXES.

F-Series CANADA'S BEST-SELLING TRUCKS\* FOR 48 YEARS

STANDARD

• 5.0L V8  
• 360 HP  
• 380 LB-FT TORQUE



Go Further

Unlock More. Only at your Atlantic Ford Store. See [atlanticford.ca](http://atlanticford.ca) for details.

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). \*Until June 30, 2014, lease a new 2014 Ford F-150 XLT SuperCrew 4x4 for up to 24 months and get 1.49% APR on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease F-150 XLT SuperCrew 4x4 with a value of \$29,858 (after \$1,950 down payment or equivalent trade-in, \$8,500 manufacturer rebates, and \$1,200 Ford Credit Cash deducted and including freight and air tax of \$1,800) at 1.49% APR for up to 24 months with an optional buyout of \$22,363, monthly payment is \$299, total lease obligation is \$9,126, interest cost of leasing is \$730 or 1.49% APR. Additional payments required for PPSSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Lease offer excludes options, license, fuel fill charge, insurance, dealer PDI, administration fees, and any other applicable environmental charges/fees and taxes. Some conditions and mileage restriction of 40,000km for 24 months apply. Excess kilometrage charges are 16¢ per km for F-Series, plus applicable taxes. Excess kilometrage charges subject to change, see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. \*F-Series is the best-selling pickup truck in Canada for 48 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales reports, up to December 2013. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.



## Horoscopes

### ♈ Aries

March 21 - April 20

What happens today may convince you that you have allowed yourself to be lulled into a false sense of security but even if it's true it is no big deal. You're smart enough to handle whatever fate sends your way.

### ♉ Taurus

April 21 - May 21

Why are you trying to do everything the hard way? Not only is it unnecessary but it could also be self-defeating. Be who you are, not who you think others want you to be.

### ♊ Gemini

May 22 - June 21

A challenge will confront you today but you will overcome it with ease. Take action quickly and don't doubt for a moment that you will succeed. Good things are coming your way.

### ♋ Cancer

June 22 - July 23

It is important that you think things through carefully today. There is a danger that you will act hastily and regret it later, so slow down, think about what it is you want to do and work slowly towards that goal.

### ♌ Leo

July 24 - Aug. 23

Something will happen today to make you wonder if you've been too hasty in reaching certain conclusions. Just because some people have a way of life that is radically different to your own does not make them bad.

### ♍ Virgo

Aug. 24 - Sept. 23

It may feel as if you're under the thumb at home and work, but there is no point getting stressed about it. Wait for the cosmic outlook to change, which it should do any day.

### ♎ Libra

Sept. 24 - Oct. 23

You're in an adventurous mood but this may not be the best time to venture into areas you don't know about. Wait until the full moon on the 13th has come and gone before moving out of your comfort zone.

### ♏ Scorpio

Oct. 24 - Nov. 22

Stay calm and keep telling yourself that everything will turn out right in the end. Above all don't allow yourself to get worked up about money matters. There is no reason at all to fear the worst.

### ♐ Sagittarius

Nov. 23 - Dec. 21

Things may get bumpy over the next day or two but if you sit tight the turbulence will pass. If others want to throw tantrums that's up to them. You are under no obligation to follow their example.

### ♑ Capricorn

Dec. 22 - Jan. 20

Current influences highlight the need to be efficient, to get the most from yourself for the least input of time and energy. Pace yourself and look for ways to get from A to B simply.

### ♒ Aquarius

Jan. 21 - Feb. 19

A clash of egos could get rather heated over the next 24 hours, but the results should be positive. Hopefully it will get you thinking in new and more profitable directions.

### ♓ Pisces

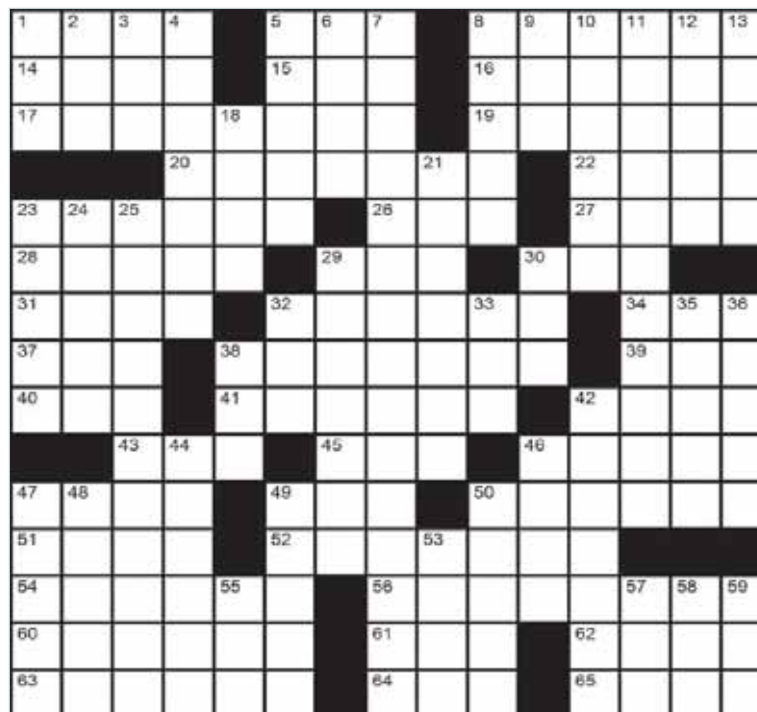
Feb. 20 - March 20

Your world will be rocked by what happens over the next few days but later you will look back and realize it was all for the best. Ultimately all change is good for you. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Hamilton actor, Jonathan \_\_\_ (b.1924 - d.2012 ...see #17-Across and #11-Down)
- Pal
- Book buyer
- Jane \_\_\_
- Mined mineral
- Refined
- Vampire on #11-Down, \_\_\_ Collins (Johnny Depp resurrected the role in the 2012 movie version)
- Barber's shave-ees
- Grand
- Gull-like bird
- David Bowie's "Space \_\_\_"
- Firearm
- Glimpse
- "Groovy!"
- Advantages
- Grey hue
- Jealousy
- Ed of "Modern Family"
- Basic bug
- "Take \_\_\_ , insist!"
- "Do the \_\_\_": Hit for #25-Down
- Agnus \_\_\_ (Lamb of God)
- But, Latin-style
- Keith Urban hit: 2 wds.
- Peace bird
- Roll
- Feeling flu-ish
- Strength
- Mideast chieftain, variantly



- Crossword band
- Population count
- NFL's Ravens city, for short
- \_\_\_-Windsor Tunnel
- Sea \_\_\_ (Aquatic creature)
- Yukon's most northerly point, \_\_\_ Island

- Meathead's wife
- "Yikes!"
- Eddy \_\_\_ (One of 'The Buyers' on CBC's "Four Rooms")
- England's ancient invaders
- Toronto's Yonge, et. al.
- Safecracker **Down**

- Aquarian's mo.
- Scandinavian rug
- Flawed in a way [abbr.]
- Concentration
- British police officer
- Russian river
- Fare featured on based-in-Toronto channel Fashion Television: 2 wds.

- Singer/actor Mr. Blades
- Afore
- Puts down
- Gothic series of 1966 to 1971 on which #1-Across starred as the character at #17-Across: 2 wds.
- Result in: 2 wds.

- Pronounce once more
- Manual's opposite
- Evita or Hair
- Three Dog Night: "\_\_\_ the loneliest number..."
- Al \_\_\_ (Pasta preference)
- Montreal-born singer/songwriter: 2 wds. (More at #38-Across)
- How laundry might accumulate: 3 wds.
- Supermodel Carol
- War on Poverty agcy.
- Roman Myth: Household deity
- Nephew: French
- Levels
- Alphabet sequence
- There, there ...your makeup will run.": 2 wds.
- Joint: Prefix
- Shar-\_\_\_ (Some dogs)
- "\_\_\_ Life" (1998)
- Actress Ms. Gibbs
- Writer Ms. Ferber's
- Wine stoppers
- Jackie Wilson's "\_\_\_ Petite"
- "Am \_\_\_ your way?"
- Furrow maker
- Baby bird's birth-place
- Account

## Yesterday's Crossword

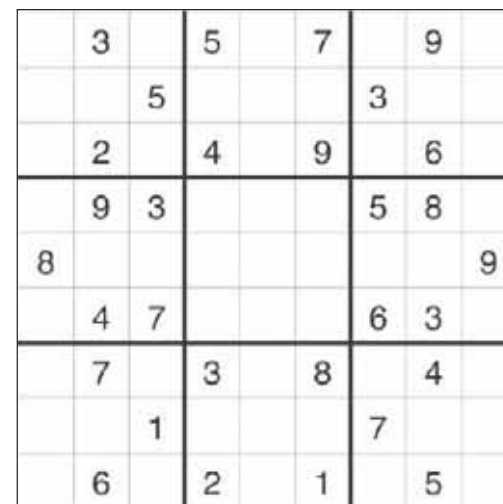


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



**Today**

20°/12°  
Variable

**Friday**

16°/11°  
Rain  
90%

Your #1 weather forecast now available in HD.  
Check your local listings for details.

The Weather Network HD

TWN incorporates MSC data

# visit metronews.ca

metro

## NEED MONEY?

\$300 - \$1500

- No credit checks
- No upfront fees

CALL NOW!

1-866-499-5629

WWW.MYNEXTPAY.CA

# METRO'S #1 TRUCK CENTRE

**HURRY! AVAILABILITY IS LIMITED!**

**Take the whole CREW!  
OVER 100 2014 RAM SERIES TRUCKS AVAILABLE!**

ONLY  
**\$205**  
BI-WEEKLY



STOCK# 14RC3113

**2014 RAM  
1500 SXT  
CREW CAB  
4X4**

- REMOTE START
- SXT APPEARANCE GROUP
- U CONNECT HANDS FREE
- REAR BACK UP CAMERA
- FOG LIGHTS
- TRAILER BRAKE CONTROL
- CLASS IV HITCH

WAS \$44,635

**NOW  
\$29,995**

DARTMOUTH  
DODGE  
EXCLUSIVE  
N/C REMOTE  
START

ONLY  
**\$299**  
BI-WEEKLY



STOCK# 14RC0486

**2014 RAM  
1500  
LARAMIE  
CREW CAB  
4X4**

- REMOTE START
- 8.4" TOUCH SCREEN
- REAR BACK UP CAMERA
- POWER SUNROOF
- LEATHER INTERIOR
- TRAILER BRAKE CONTROL
- CLASS IV HITCH

**NOW 10**  
IN STOCK TO  
CHOOSE  
FROM

WAS \$59,455

**NOW  
\$42,920**



**ENTER TO WIN AT  
WWW.WINWITHDARTMOUTH.COM**  
**GIVING AWAY \$1,000 FOR 52 WEEKS**  
COULD BE SERVICE, CASH OR MONEY TOWARDS A VEHICLE!

**THESE AMAZING DEALS ARE ONLY AVAILABLE AT DARTMOUTH DODGE!**



61 ATHORPE DRIVE, DARTMOUTH, NS  
**(902) 469-9050 ddodge.com**

\* Prices Exclude freight, taxes and Fees. Payments Include Freight, Taxes and Fees. OAC. All Rebates to Dealer